Problem Solving in Endocrinology and Metabolism

Description: This book presents a comprehensive case load of patient disorders seen by the endocrinologist and general practitioner. The authors have drawn on their clinical experience backed by wide critical reading in the primary literature to identify 46 problems that reflect the everyday reality of patients presenting to the clinician. Each case is summarised by several practical questions to stimulate the reader, followed by a clinical presentation. A detailed discussion follows of the potential causes and diagnostic pitfalls, as well as the therapeutic and lifestyle management options available, accompanied by algorithms and key references. Each of the major areas of endocrinology are covered: thyroid, adrenal gland, pituitary, reproduction, growth and development, calcium and bone, endocrine hypertension, water, electrolytes and glucose. The authors conclude with a section focusing specifically on therapeutic aspects. With its logical work-up procedure and up-to-date summary of treatment options, this book is an essential reference for the practicing clinician in primary or secondary care. The chief author, Professor Lee Kennedy, is a British expatriate, now in a leading clinical role in Australia. Lee has experience in numerous clinical areas and is involved with teaching medical students.

Benefits:
- Problem-based learning approach of great value for trainees and CPD of experienced doctors
- Real problems discussed which are experienced by all doctors in the field
- Current literature and guidelines have been reviewed to provide the latest best practice

Readership:
- Specialists in endocrinology and metabolism
- Diabetologists
- General practitioners
- Doctors in training

Contents:
Abbreviations

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2. Hyperthyroidism — multinodular goitre
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