The Art of Balancing Work-Family Conflict. Edition No. 1

Description: This book is for all working mothers struggling to find a balance between work and family. The enormous increase of women in the labor force, especially mothers with young children has led to significant work-family conflict. This book draws on role theory to explain stress for women as stemming from competing worker and family roles (as stressors). Traditional gender roles cause stressors which differ for men and women. Yet the latter continue to shoulder a disproportionate share of domestic responsibilities as they take on roles as workers. The analysis suggests that the effects of stressors or stress can be reduced by drawing on different forms of social support. Family/childcare support and social networks are used as examples functional and structural social support respectively. The central goal of this book is to demonstrate the positive effect of social support on reducing stressors, especially for working women. The results show childcare and family support reduced the effects of stressors in both wives and husbands, but more so in wives. All forms reduced effects of stress on health, in husbands more than in wives.

Ordering:
Order Online - [http://www.researchandmarkets.com/reports/1895227/](http://www.researchandmarkets.com/reports/1895227/)

Order by Fax - using the form below

Order by Post - print the order form below and send to

Research and Markets,
Guinness Centre,
Taylors Lane,
Dublin 8,
Ireland.
Fax Order Form
To place an order via fax simply print this form, fill in the information below and fax the completed form to 646-607-1907 (from USA) or +353-1-481-1716 (from Rest of World). If you have any questions please visit
http://www.researchandmarkets.com/contact/

Order Information
Please verify that the product information is correct.

Product Name: The Art of Balancing Work-Family Conflict. Edition No. 1
Web Address: http://www.researchandmarkets.com/reports/1895227/
Office Code: SC618LG4

Product Format
Please select the product format and quantity you require:

<table>
<thead>
<tr>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hard Copy (Paper back):</td>
</tr>
<tr>
<td>USD 56 + USD 29 Shipping/Handling</td>
</tr>
</tbody>
</table>

* Shipping/Handling is only charged once per order.

Contact Information
Please enter all the information below in BLOCK CAPITALS

Title: [ ] Mr [ ] Mrs [ ] Dr [ ] Miss [ ] Ms [ ] Prof
First Name: ______________________________________
Last Name: ______________________________________
Email Address: * __________________________________
Job Title: ________________________________________
Organisation: ____________________________________
Address: ________________________________________
City: ____________________________________________
Postal / Zip Code: ______________________________
Country: ________________________________________
Phone Number: __________________________________
Fax Number: ____________________________________

* Please refrain from using free email accounts when ordering (e.g. Yahoo, Hotmail, AOL)
Payment Information

Please indicate the payment method you would like to use by selecting the appropriate box.

☐ Pay by credit card: You will receive an email with a link to a secure webpage to enter your credit card details.

☐ Pay by check: Please post the check, accompanied by this form, to:
Research and Markets,
Guinness Center,
Taylors Lane,
Dublin 8,
Ireland.

☐ Pay by wire transfer: Please transfer funds to:
Account number 833 130 83
Sort code 98-53-30
Swift code ULSBIE2D
IBAN number IE78ULSB98533083313083
Bank Address Ulster Bank,
27-35 Main Street,
Blackrock,
Co. Dublin,
Ireland.

If you have a Marketing Code please enter it below:

Marketing Code: 

Please note that by ordering from Research and Markets you are agreeing to our Terms and Conditions at http://www.researchandmarkets.com/info/terms.asp

Please fax this form to:
(646) 607-1907 or (646) 964-6609 - From USA
+353-1-481-1716 or +353-1-653-1571 - From Rest of World