Reaching and Teaching Through Educational Psychotherapy. A Case Study Approach

Description: Jenny Dover and Gillian Salmon's lively and informative account of the educational psychotherapy approach delves deeper than the usual hints and tips format aimed at teachers whilst retaining accessibility and engagement with the reader. Four case studies of children with various social, learning and emotional difficulties form a basis around which the authors consider the following:

- How the educational psychotherapist can assess that it would be appropriate to work with a particular child
- Ethical considerations in working individually with children
- Techniques and materials used in individual and classroom work
- The importance of endings and beginnings, and ways in which they can be approached
- Psychoanalytic concepts used as a theoretical basis for the work

This introduction to educational psychotherapy will outline the insights that will be of interest to teachers by discussing troubled children in the classroom who resist efforts to teach them. As essential background, it also gives an account of the origins of this approach and an explanation of its basic features. This evidence-based approach allows teaching with confidence, and a clear understanding of the role of educational psychotherapy in the classroom.

Contents:

1. Introduction.
2. Case Study of Osman, a withdrawn child who cannot make connections.
3. Initial assessment of emotional factors contributing to a child's learning difficulties.
4. Case Study of Maria, whose learning is inhibited by rejection, separation and loss.
5. Ethical considerations when working therapeutically with children.
6. Case Study of Tariq, a child persecuted by destructive phantasies.
7. Ongoing assessment and techniques used in individual and classroom work.
8. Case Study of Kevin, an insecure child among unpredictable adults.
9. Ways in which endings and beginnings affect a child's capacity to learn.
10. The network – the complex task of working with parents and professionals.
11. Conclusion.

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