**The Psychology of Human Sexuality**

**Description:**
The Psychology of Human Sexuality offers a comprehensive overview of the science behind human sexual behavior from a biopsychosocial perspective. By emphasizing psychological research and theory on human sexuality, renowned sexuality expert Justin J. Lehmiller reveals the psychological importance of possessing familiarity with one’s body for forming healthy sexual relationships, and shows how a lack of such knowledge can lead to sexual and relationship difficulties.

A wide variety of issues and topics are explored, ranging from sexual anatomy, methods, attraction, orientation, relationships, and behaviors, to sexual difficulties and solutions, prostitution, and pornography. Designed to be inclusive and respectful of a diverse audience, Lehmiller’s analysis also includes instructor resources designed to facilitate a dynamic and interactive classroom environment and enhance critical thinking. Approaching the topic with a combination of sensitivity and scholarly rigor, The Psychology of Human Sexuality offers rich insights into the latest theories and research that shape our understanding of the psychological aspects of human sexuality.

Instructor materials available online at

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