Human Growth and Development Across the Lifespan. Applications for Counselors

Description: A PRACTICAL EXPLORATION OF THE LINK BETWEEN LIFE STAGE AND THERAPEUTIC APPROACH

Understanding human psychological development is essential for counselor training, but few truly explore the practical ways in which this knowledge can be used to improve client outcomes. Human Growth and Development Across the Lifespan provides in–depth coverage of each life stage, with expert–led discussion of the ways in which a client’s developmental stage can inform a more effective approach to counseling.

Fully aligned with CACREP accrediting standards, this text features authoritative contributions from some of the leading minds in the field, with learning tools that assist in information retention and true understanding.

Human Growth and Development Across the Lifespan:

- Provides a uniquely practical perspective on human growth and development, focusing on key clinical applications
- Thoroughly explores the essential concepts and theories of life span development
- Systematically walks through each stage of human growth and development to promote a deeper understanding of clients of all ages

A client's response to therapy is a function of both development and disorder. When counseling is conducted with attention to developmental stage, clinicians are better able to understand clients’ perspectives and facilitate more positive outcomes. Human Growth and Development Across the Lifespan is an essential guide for therapists, students, and lay people.

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