
Description:  
A PRACTICAL GUIDE TO BECOMING A COMMUNITY HEALTH WORKER

Revised and updated, the second edition of Foundations for Community Health Workers offers a comprehensive introduction to the essential skills community health workers (CHWs) need to be effective professionals. Concepts and values of social justice, cultural humility, and client-centered practice are emphasized throughout the text.

With contributions from experts in the field, the second edition:

- Reviews the core competencies for serving the community successfully including the scope of practice, ethics, client-centered counseling, care management, and home visiting
- Examines the professional skills needed such as effective communication, conflict resolution, stress management, working with supervisors, and interviewing for jobs
- Offers new information on key health issues including chronic conditions management, promoting healthy eating and active living, understanding trauma, and promoting the health of formerly incarcerated people

The second edition also contains short educational videos that illustrate essential CHW concepts and skills and reveals how to avoid common missteps. The new companion Training Guide includes step-by-step lesson plans, case studies, role plays, assessments, and video tutorials, with links to even more resources for teaching and training CHWs. The Training Guide and videos are available online through the companion website.

 Foundations for Community Health Workers provides a practical and comprehensive guide for developing CHWs who play a vital role in helping to create a more healthy and just world.

Contents:

ACKNOWLEDGMENTS vii

ABOUT THE AUTHORS ix

INTRODUCTION xiii

Part 1 Community Health Work: The Big Picture 1

1 THE ROLE OF COMMUNITY HEALTH WORKERS 3
Darouny Somsanith     Janey Skinner

2 THE EVOLUTION OF THE COMMUNITY HEALTH WORKER FIELD IN THE UNITED STATES: THE SHOULDERS WE STAND ON 29
E. Lee Rosenthal     J. Nell Brownstein

3 AN INTRODUCTION TO PUBLIC HEALTH 63
Tim Berthold     Janey Skinner     Sharon Turner

4 HEALTH FOR ALL: PROMOTING HEALTH EQUALITY 83
Janey Skinner     Tim Berthold

5 AN INTRODUCTION TO HEALTH CARE AND HEALTH POLICY IN THE UNITED STATES 109
Len Finocchio     Ellen Wu

Part 2 Core Competencies for Providing Direct Services 133

6 PRACTICING CULTURAL HUMILITY 135
Abby Rincón
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