SpaChina Magazine

Description: SpaChina is the first and only magazine to focus on the boom in spas and wellness in China. It is the ultimate guide to achieving a healthier and richer lifestyle in the middle Kingdom.

Printed bi-monthly since 2004 in English language (and partially in Chinese language) it quickly built a strong reputation for delivering expert advice on everything from where to go, what to eat, where to shop and how to relax afterwards while traveling in China.

Please Note: Annual Subscription Consists of 6 Issues per year.

Contents: Sample Contents from Jan/Feb 2006 Issue:

- Spa news
- International Spa News
- China Spa News

- Cover story
- Footprints Across China
  A tour of China's most mystic mountains, following the footsteps of the original
  Chinese travel guide
- Buddha and the Tao in the Mountains of China

- Spa Journeys
- Vanity and Virility in Vancouver
  The traditional Canadian male can now be in touch with both his sides in Vancouver
- Japan's Eternal Hot Springs
  Japanese hot springs culture takes cleanliness to new spiritual heights. SpaChina takes the plunge

- Spachina interview
- China's blossoming Day Spa business
- SpaChina interviews two experts

- Health & fitness
- Beyond Ginseng and Deer Antler
  Health supplements are gaining ground in the land of herbal remedies

- Spachina cuisine
- The Peace of Lotus and Dragonfly
  There is a Southeast Asian palatial feel to this little-known Shanghai restaurant
- Winter Spa Gourmet
  Tasty winter delights at Beijing's St. Regis

- Inspiration & energy
- Pu'er Power
  One of the rarest, most expensive and increasingly popular Chinese teas is pu'er
- Pu'er Fect Combination
  To complement pu'er tea, we present a recipe for Apricot and Almond Slice

- Spachina wellness
- The Science of Feel-Good
  SpaChina wellness editor Gareth Powell investigates the therapeutic power of spas

- Brand talk

- Spa experiences
- Treatment Fit for An Emperor
Jacuzzis, cow's milk and luxury in central Shanghai
Bronzed Jewel
The winter frustrations of a Beijing sun-worshipper

Spachina review
For Hedonism and Healing, Try Nob Hill
The height of pampering in San Francisco is the Huntington Hotel, says Erica Lewis

Escape From a City Scrape
Shanghai can be bruising in many ways, but TLC at a spa is a perfect antidote for most bruises, says Nell Aberenathy

Spachina horoscope
Music & book reviews

Interview with Fengshui Master
Gu Changsheng

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