SpaChina Magazine

Description: SpaChina is the first and only magazine to focus on the boom in spas and wellness in China. It is the ultimate guide to achieving a healthier and richer lifestyle in the middle Kingdom.

Printed bi-monthly since 2004 in English language (and partially in Chinese language) it quickly built a strong reputation for delivering expert advice on everything from where to go, what to eat, where to shop and how to relax afterwards while traveling in China.

Please Note: Annual Subscription Consists of 6 Issues per year.

Contents: Sample Contents from Jan/Feb 2006 Issue:

Spa news
International Spa News
China Spa News

Cover story
Footprints Across China
A tour of China's most mystic mountains, following the footsteps of the original Chinese travel guide
Buddha and the Tao in the Mountains of China

Spa Journeys
Vanity and Virility in Vancouver
The traditional Canadian male can now be in touch with both his sides in Vancouver
Japan's Eternal Hot Springs
Japanese hot springs culture takes cleanliness to new spiritual heights. SpaChina takes the plunge

Spachina interview
China's blossoming Day Spa business
SpaChina interviews two experts

Health & fitness
Beyond Ginseng and Deer Antler
Health supplements are gaining ground in the land of herbal remedies

Spachina cuisine
The Peace of Lotus and Dragonfly
There is a Southeast Asian palatial feel to this little-known Shanghai restaurant
Winter Spa Gourmet
Tasty winter delights at Beijing's St. Regis

Inspiration & energy
Pu'er Power
One of the rarest, most expensive and increasingly popular Chinese teas is pu'er
Pu'er Fect Combination
To complement pu'er tea, we present a recipe for Apricot and Almond Slice

Spachina wellness
The Science of Feel-Good
SpaChina wellness editor Gareth Powell investigates the therapeutic power of spas

Brand talk

Spa experiences
Treatment Fit for An Emperor
Jacuzzis, cow's milk and luxury in central Shanghai
Bronzed Jewel
The winter frustrations of a Beijing sun-worshipper

Spachina review
For Hedonism and Healing, Try Nob Hill
The height of pampering in San Francisco is the Huntington Hotel, says Erica Lewis
Escape From a City Scrape
Shanghai can be bruising in many ways, but TLC at a spa is a perfect antidote for most bruises, says Nell Aberenathy

Spa people & Glossary
Music & book reviews

Spachina horoscope
Interview with Fengshui Master
Gu Changsheng

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