Body Language. Learn how to read others and communicate with confidence

Description: "If you want to learn how to communicate with effectiveness, authenticity and charisma read this book now!"
Nick Jeffery CEO at Vodafone Group Enterprise

SAY MORE THAN WORDS EVER COULD

Even when we're not speaking, our posture, gestures and facial expressions convey our thoughts, feelings, and intentions. What is your body language saying about you?

COMMUNICATE SMARTER TO COME OUT ON TOP

Communication specialist Elizabeth Kuhnke reveals how to read other people's body language and adapt your non-verbal behaviours to become a top-notch communicator. In addition, she explains how to motivate, inspire and relate to others in ways they can understand. Body Language shows you how to:

- Harness the power of non-verbal communication
- Reinforce your message with subtle physical signals
- Persuade, negotiate, lead and build rapport with anyone
- Nail interviews, first dates and tough conversations
- Manage conflict and confrontation with calm assertiveness

The spoken word is only part of the message. People's non-verbal behaviour tells a much bigger, and truer, story. Body Language clarifies unspoken signs and signals, enabling you to read others and communicate with confidence in any situation.

"Body Language teaches that 'truth lies in the manner of delivery'. A great read for all who have people in their lives!"
Matt Sikes, Vice-President, Business Development at Starbucks Coffee Company

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