
Description: This exceptional collection draws on the most recent demographic data and combines classic research with cutting-edge approaches to provide an invaluable overview of the developmental psychology of the adult years.

- Covers a wide range of topics within adult development and aging, from theoretical perspectives to specific content areas
- Includes newly commissioned essays from the top researchers in the field
- Takes a biopsychosocial perspective, covering the biological, psychological and social changes that occur in adulthood

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