Motivate Yourself. Get the Life You Want, Find Purpose and Achieve Fulfilment

Description: ‘An essential read for anyone who wants to regain control of their well-being, happiness and sense of purpose’
   Josh Berger, President & Managing Director, Warner Bros. Entertainment UK, Eire & Spain

THIS IS IT.

At some point, you've probably wondered if you are good enough or have the skills to achieve what you want. But life is too short to waste time doubting yourself. We need to strike a balance between our unique set of spiritual values and the fierce logic of our rational mind, which is so often intent on arguing for our limitations.

GET THE LIFE YOU WANT.

Whatever circumstances you find yourself in, this book will help you to motivate yourself and discover your true purpose. This step-by-step guide puts the proven principles of transformational leadership coach Andro Donovan at your fingertips.

Kick start your journey now to:

- Go beyond the self-doubt of 'could I?' and 'should I?' and take you into a world of 'want to', 'love to' and 'will do'
- Wake up to the possibility and opportunity of a different way of living
- Motivate others by putting productivity at the centre of everything you do
- Discover who you really are and what you are truly capable of achieving

Feel more productive, present and inspired by your own life by taking the actionable steps in Motivate Yourself to fully live it.

'Andro's sophisticated no-nonsense step-by-step system will shine the light on your extraordinary life'
   Anandi, The Sleep Guru

Contents:

Introduction 1

Part One     Discover Yourself: A Journey to You

1 Mind Your Values 19

2 Expressing Your Highest Self: Finding Your Purpose 39

Part Two     Free Yourself: What Gets in the Way of Your Happiness?

3 We All Have a RAT 63

4 Saboteur RATs Are Running Amok 87

5 Wired for Satisfaction 115

Part Three     Motivate Your Life: Design the Life You Want to Live

6 Envisioning 141

7 Life Planning     The Day to Day 163
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