
Description: Serge Tixa presents in this highly popular book a method of palpatory anatomy called Manual Exploration of Surface Anatomy (MESA). MESA locates anatomical structures important to clinical examination allowing careful selection of the most appropriate manual therapy technique or manoeuvre.

The new edition presents precisely and visually the various anatomical structures with the help of more than 130 colour illustrations and close to 900 black and white photographs. For every photograph showing an anatomical structure accessible to palpation, a model whose physique shows the structure clearly has been chosen. Each chapter has up to four subsections, treating the various aspects of each body region. These cover osteology, myology (musculotendinous structures), arthrology (joints and ligaments) and lastly nerves and blood vessels.

Each photograph is carefully presented and accompanied by a section of text describing the method of approach to finding the structure concerned. Whenever necessary, reminders, essential for the proper use of the methods of approach (attachments, actions and innervations) are included. Clinical notes highlight the link between palpation and clinical diagnoses. Atlas of Surface Palpation: Anatomy of the Neck, Trunk, Upper and Lower Limbs is aimed at students and practitioners who need a method of applied anatomy in their practice.

Contents:

1. Neck
2. Trunk and Sacrum
3. Shoulder
4. Arm
5. Elbow
6. Forearm
7. Wrist and Hand
8. Hip
9. Thigh
10. Knee
11. Leg
12. Foot and Ankle

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