
Description:

A SCIENTIFIC AND CROSS–CULTURAL EXAMINATION OF COMMON COMPLEMENTARY, ALTERNATIVE, AND INTEGRATIVE HEALTH PRACTICES

Complementary, Alternative, and Integrative Health: A Multicultural Perspective offers public health professionals, community health workers, nurses, students, and health administration professionals a critical analysis of non–allopathic healing practices. The contributors include a team of noted practitioners in the field and academicians working on complementary, alternative, and integrative health (CAIH). The evidence–based text explores CAIH’s uses, limitations, and scientific basis across various cultural and ethnic groups in the U.S. and internationally.

This important resource includes a wealth of case studies, illustrative examples, probing questions, and discussion problems that underscore the role of health educators in educating consumers about CAIH practices.

Complementary, Alternative, and Integrative Health offers professionals and students:

- An understanding of the issues and concepts regarding complementary, alternative, and integrative medicine
- A framework for questioning the efficacy of CAIH while exploring its use within a cross–cultural framework
- An examination of the scientific basis of commonly–used modalities
- A challenge to critically analyze a targeted situation presented in light of the information provided

Each of the chapters highlight the scientific analysis of the CAIH practices presented and offer a guide toward independent analysis of the practices’ risks and benefits.

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