Proven Programs to Help Reduce Health Care Costs Related to: Diabetes, High Blood Pressure, and Heart Disease

Description:
In the United States alone there are over 86 million people who suffer with pre-diabetes and over 29 million who are diagnosed with diabetes. The cost analysis in healthcare is estimated at over 245 billion dollars, 69 billion of that is related to productivity. Not to mention work related issues which result from; low blood sugar, high blood sugar, inappropriate timing of medications and meals that can lead to injuries at work and the risk of secondary complications.

In addition, High Blood Pressure and Heart Disease also present with significant issues in the workplace wellness programs. Couple these issues with the healthcare costs which skyrocket when these issues are not managed properly can have a major impact on your organization and its employee wellness programs. Marlisa Brown has over 20 years' experience working on solutions to all these disorders where she treated over 15,000 patients and worked with hundreds of corporations. Marlisa will help you to identify ways to implement wellness programs that will give results. Her tried and true programs will give you what you need to start immediately giving you measurable results within as little as a 3-4 month period. Also, she will provide you with tools to use in emergency situations if these disorders lead to an incident at the workplace.

Programs presented will be easy to utilize in a safe appropriate manner. Also some of the programs can be started almost immediately and will provide simple evaluation tools that will indicate the success of each intervention. Education of the risk factors associated with diabetes, hypertension and cardiac disorders will be covered as well identification of why they contribute to work related issues. In addition, simple solutions and strategies will be presented to help better prepare and protect against future incidents.

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