From Butterflies to Speaking Highs: Six Steps to Go from Nerves You Feel to Nerves of Steel

Description:
Don't suffer from glossophobia any longer - learn to love every minute of speaking in front of others.

This topic will give a detailed discussion on the six steps speakers and presenters use for effectively communicating. This will be your own private laboratory to learn how to communicate more effectively throughout your career and your everyday life. Learn how to speak with confidence and chase those butterflies away!

Contents:
What Is Glossophobia?
- Why Most People Are Terrified to Speak in Front of Others
- Why You Should Love Every Minute of Speaking in Front of Others
- How Really Participating in This Program Could Change Your Whole Perspective on Making Presentations, Making Impromptu Speeches, and Making Prepared Speeches

The Difference Between Two "A" Students
- ... or Two Great Workers
- ... or Two Wonderful Lawyers
- ... or Two Wonderful Realtors
- ... or Two Wonderful ... (Fill in the Blank)

The Six Steps to Go From Nerves You Feel to Nerves of Steel
- Focus
- Physiology
- Balance
- Synergy
- Implementation
- Confidence

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