Creativity and the Performing Artist. Explorations in Creativity Research

Description: Creativity and the Performing Artist: Behind the Mask synthesizes and integrates research in the field of creativity and the performing arts. Within the performing arts there are multiple specific domains of expertise, with domain-specific demands. This book examines the psychological nature of creativity in the performing arts. The book is organized into five sections. Section I discusses different forms of performing arts, the domains and talents of performers, and the experience of creativity within performing artists. Section II explores the neurobiology of physiology of creativity and flow. Section III covers the developmental trajectory of performing artists, including early attachment, parenting, play theories, personality, motivation, and training. Section IV examines emotional regulation and psychopathology in performing artists. Section V closes with issues of burnout, injury, and rehabilitation in performing artists.

- Discusses domain specificity within the performing arts
- Encompasses dance, theatre, music, and comedy performance art
- Reviews the biology behind performance, from thinking to movement
- Identifies how an artist develops over time, from childhood through adult training
- Summarizes the effect of personality, mood, and psychopathology on performance
- Explores career concerns of performing artists, from injury to burn out

Contents:

Section I: Creativity Theory and Performing Artists

1. Understanding Creativity in the Performing Arts
2. Domains in the Performing Arts
3. The Person: Talent and Performing Artists
4. Creative Experiences
5. Imagination and Fantasy

Section II: Biological Manifestations of Creativity in Performing Artists

6. Neurobiology, Creativity, and Performing Artists
7. Physiology and Creativity
8. Flow and Neurophysiological Responses

Section III: Development of the Performing Artist

9. Early Development
10. Play and Theory of Mind
11. Attachment, Parenting, and Childhood Adversity
12. Personality and Motivation
13. Training the Performing Artist

Section IV: Emotion: Regulation, Resilience, and Pathology

15. Mood and Creativity in the Performing Artist
16. Unresolved Mourning and Posttraumatic Stress Disorder in Performing Artists

17. Performing Artists and Psychopathology

Section V: Professional Reality of a Performing Artist

18. Careers in the Performing Arts

19. Injuries and Rehabilitation

20. Health Concerns and Burnout

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