Description: Now revised and updated, Preventing Suicide: The Solution Focused Approach continues to garner widespread acclaim for offering a wealth of practical guidance to individual suicide prevention. With worldwide implications for the reduction of suicide rates, solution-focused brief therapy (SFBT) is a ground-breaking approach to helping those contemplating suicide find alternative solutions to their problems. Maintaining his accessible writing style for the widest possible audience, author John Henden shows practitioners how to help clients move quickly through and beyond the crisis which has prompted suicidal thinking and ideas. Presenting a stark departure from the current risk assessment, management, and medication approach to suicidal clients, Henden provides straightforward ways to deal frankly with the subject of suicide itself, along with a range of tools and techniques found to be immediately helpful to the client.

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