ABC of Hypertension. 6th Edition. ABC Series

Description: High blood pressure is now recognised as the major cause of morbidity and mortality across the world. It is the commonest chronic medical problem encountered in primary care, yet it is often diagnosed incorrectly and ineffectively treated. The ABC of Hypertension is a long established, practical guide to the investigation, treatment and management of hypertensive patients.

This new sixth edition provides practical guidance on measurement of blood pressure and the investigation and management of hypertensive patients. It explains new developments in the automated measurement of blood pressure, with emphasis on out–of–office blood pressure measurement, and it stresses the importance of 24 hour blood pressure monitoring.

Fully up to date with current British Hypertension Society (BHS) and NICE guidelines, it also includes improved coverage on the assessment and treatment of elderly patients and explains of the implications of recent trials.

From a respected, expert author team, ABC of Hypertension is a valuable resource for general practitioners, family physicians, junior doctors, medical and nursing students, practice nurses and primary healthcare professionals. It is also an important reference for all primary care health professionals involved in screening large numbers of patients for hypertension.

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