Practical Pediatric Endocrinology in a Limited Resource Setting

Description: Practical Pediatric Endocrinology in a Limited Resource Setting provides a guide for managing pediatric endocrine problems in a limited resource setting, together with an outline of the bases for these disorders. The book outlines a plan for coming to a likely diagnosis in situations where resources are constrained, and suggests ways to access more sophisticated technologies for diagnostic confirmation and extension of available tools.

Further extending and complementing each chapter is a series of scenarios for use as teaching and learning tools. Together with a clinical question, all chapters include a suggested outline for assessment that assists readers facing similar situations in daily practice. Each scenario works through a typical series of deductive steps used to establish a working diagnosis, while considering both a differential diagnosis and reminding readers of current knowledge around the subject matter.

- Provides a working knowledge of pediatric endocrinology, from the viewpoint of practical application, for residents and clinicians practicing in settings with scarce material resources - Features clinically based chapters, emphasising workable diagnoses and management plans in limited resource situations - Includes information on Type 1 diabetes mellitus, given its increasing prevalence worldwide - Describes basic research techniques and planning, intended to foster collaboration between colleagues and other centers in clinical or basic research, which can inform clinical practice and drive innovation

Contents:

1. Growth: importance and implications of variations
2. Puberty: normal and abnormal
3. Thyroid disorders
4. Adrenal disorders
5. Disorders of Sexual Development in Resource-limited Settings
6. Obesity in Developing Countries
7. Disorders of Mineral and bone metabolism
8. Disturbances of sodium and water
9. Bone health
10. Paediatric and Adolescent Gynaecology
11. Endocrine Dysfunction and Disease in the Neonatal Period
12. Diabetes in Children and Adolescents: basic training for healthcare professionals in developing countries
13. Hypoglycaemia
14. Clinical Scenarios
15. Research in medicine: why do we need it and how do (should) we do it?
16. Molecular biology and molecular genetics in paediatric endocrinology

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